

## Stay Safe

Certification: Canadian Red Cross

5-6 Hours

\$131.43 plus GST

Prerequisite: Students must be at least 9 years of age or completion of Grade 3. Any student under the age of 18 must have parental consent to participate in our classes.

Stay Safe Certificate has No Expiry

This course provides basic safety skills for youth 9 to 13 years old. Participants learn about being safe when they are without the direct supervision of a parent, guardian or trusted Adult (both at home and in their communities).

### Course Covers:

- The importance of responsibility and respect while being accountable for yourself
- The importance of setting and following safety rules when on your own
- How to stay safe at home within the community
- How to prepare for, recognize and respond to unexpected situations (e.g. inclement weather, strangers and unanticipated visits)
- Basic First Aid Skills

Updated November 15<sup>th</sup>, 2023