"A Life's Worth of Training"

Toll Free: 1 877 343 7444 www.jtsafetytraining.ca

Tel: (250) 843 7444

Fax: (250) 782 5335 june@jtsafetytraining.ca

Unit 7, 1405 102 avenue Dawson Creek, BC, V1G 2E1

## **Defensive Driving**

3 to 3.5 hours class time

45 Minutes per student on road evaluation

\$350.00 plus GST

Valid: 3 Years

**Prerequisites:** Valid Drivers Licence & Company Vehicle (preferably what student would commonly drive at work and capable of carrying 3 people)

This course is designed to present information and techniques to motivate drivers to want to change their driving behaviours and attitudes. Students will learn techniques to be a more defensive driver, gain knowledge to help change driving behaviour and improve driving attitude, gain knowledge of the rules of the road, and recognize increases in risk when engaging in high risk driving behaviours. **Due to Covid-19**, it is mandatory for students to wear a mask in the vehicle.

## Course Covers:

- In class review of defensive driving behaviors and habits
- Refresher on the rules of the road
- Improving scanning skills
- Reflection on why we drive the way we do
- Discuss being prepared for actions of other road users
- Quiz
- In the afternoon drivers will be taken out in their company vehicle (usually 2 at a time) and receive an evaluation of their driving habits and behaviors.
- Debrief with the drivers in each group of what they observed on the drive.

## Instructional Strategies:

- Power Point
- Video Material
- Group tasks and discussion
- Road Evaluation in company truck

STUDENTS MUST MAINTAIN SOCIAL DISTANCING OF 6 FEET WHENEVER POSSIBLE.

Updated December 16th, 2021